



KHE Family Meeting Agenda March 22, 2019

KHE Family Conversation:

We continue to talk about kindness and ways to show kindness to others. This month for our family meeting, we will make Kindness Rocks. "The Kindness Rocks Project, founded by Megan Murphy, is based on the profound truth that one message at the right moment can change someone's day, their outlook, and, indeed, their whole life. The messages on these thoughtful pebbles take many forms: gratitude, affirmations, encouragement, and offers of hope—all signposts along the way for someone to find at exactly the right time."

KHE Family Activity:

Using markers and other materials, students will decorate rocks with words of kindness and other designs.

Out the Door:

Students will take their decorated kindness rocks with them to leave in various locations (determined by the student) in the Warwick/Lititz community. Rocks will be sent home at the next family meeting in May.